



Disco Pops

Ingredients

- 1 plastic cup
- 1 lolly stick
- 1 cup of flat lemonade
- Gummy sweets
- Tape
- scissors

Instructions

1. Pour the sweets in the plastic cup.
2. Pour on the lemonade.
3. Place pieces of tape across the top of the cup.
4. Make a small cut in the tape.
5. Thread the stick through the tape into the lemonade.
6. Freeze for 2 hours.
7. Remove the tape.
8. Slowly pull the lolly out of the cup and serve.