

Physical Education at Rivenhall C of E Primary School

Intent:

At Rivenhall C of E Primary School we aim to promote the enjoyment of physical exercise and to develop a positive attitude to an active and healthy lifestyle in a safe and supportive environment. We use our curriculum drivers of *'promoting well-being'*, *'enabling learning'*, *'encouraging responsibility'* and *'inspiring aspiration'* to promote the physical, personal, social and emotional development of all children. We aim to develop in the children, the competence to excel in a range of physical activities, including competitive sport, which they can then sustain over periods of time. We wish to build a foundation for sporting and physical activity outside school and in the community. We aim to develop children's leadership skills, such as taking the initiative and leading activities. We will equip children with evaluative skills, enabling them to focus on improving aspects of their own performance. We aim to develop problem-solving skills in a supportive environment.

Implementation:

Rivenhall C of E Primary School follows the REAL PE scheme of work on a rolling programme. This identifies the areas of PE to be taught in each term, detailing the learning objectives, outcomes, previous learning, vocabulary and resources. Specialist teaching and coaching is accessed where appropriate to ensure high quality provision in Dance and Gymnastics. We also subscribe to free football and cricket provision. All pupils have the opportunity to take part in two hours of high-quality Physical Education teaching each week which includes a wide range of sports and activities within lessons. Teaching is supplemented further by the Daily Mile initiative, Living Streets- walk to school initiative, Super Movers and Cosmic Yoga. All children have the opportunity to take part in extracurricular activities in clubs run by the school. We regularly promote activities within the wider community. We are part of the Witham School Sports Collaborative which allows us to access external competitions. We run an annual sports day.